

BUILD YOUR BOWL



1. Size

SMALL - \$11.50
12OZ / 354 ML

MEDIUM - \$15.50
16OZ / 473ML

LARGE - \$22.50
24OZ / 709ML

X-LARGE - \$33.50
32OZ / 946ML

2. Base (Up to 2 bases)

✓ AÇAÍ

✓ CHIA
PUDDING

✓ DRAGON
FRUIT

✓ MATCHA

✓ MANGO

✓ PASSION
FRUIT

✓ COCONUT

3. Toppings

STRAWBERRY

BANANA

KIWI

BLUEBERRY

MILK CHOCOLATE CHIPS

DARK CHOCOLATE CHIPS

WHITE CHOCOLATE CHIPS

SHREDDED COCONUT

HEMP SEEDS

PEANUTS

PAÇOCA

CHIA SEEDS

GRANOLA

CORN FLAKES

POWDERED MILK

PROTEIN POWDER

PEANUT BUTTER

NUTELLA

CONDENSED MILK

HONEY

MAPLE SYRUP

CHOCOLATE SYRUP

STRAWBERRY SYRUP

CARAMEL SYRUP

Special Bowls

BRAZILIAN BOWL

ACAI, GRANOLA, COCONUT, STRAWBERRY, BANANA, HONEY.

TROPICAL BOWL

ACAI, BANANA, STRAWBERRY, BLUEBERRY, KIWI, GRANOLA, HONEY.

NUTELLA BOWL

ACAI, BANANA, STRAWBERRY, M&MS, NUTELLA.

POWER BOWL

ACAI, PROTEIN POWDER, DARK CHOCOLATE CHIPS, GRANOLA, CHIA SEEDS, BANANA, PEANUT BUTTER.

DRAGON BOWL

ACAI, DRAGON FRUIT SORBET, KIWI, STRAWBERRY, BLUEBERRY, CORNFLAKES, CONDENSED MILK



Smoothies

16oz \$7.50

B.A.N.A.N.A.S

ACAI, COCONUT MILK, BANANA.

VERY BERRY

ACAI, COCONUT MILK, STRAWBERRY, BLUEBERRY.

POWER

ACAI, COCONUT MILK, BANANA, PROTEIN POWDER.

DRAGON

DRAGON FRUIT, COCONUT MILK, BANANA

Sandwiches

\$6.50

CHICKEN / TUNA PATE (CHICKEN / TUNA, MAYO, ONION, PARSLEY, OLIVE OIL).

\$6.50

EGG PLANT CAPONATA (EGG PLANT, ONION, PEPPERS, OLIVES, OLIVE OIL, GARLIC).

Beverages

Hot

BRAZILIAN BLACK COFFEE

80Z	\$2.50	120Z	\$3.50
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HOT CHOCOLATE

80Z	\$2.50	120Z	\$3.50
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TEA (ASK FOR OPTIONS)

80Z	\$2.50	120Z	\$3.50
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Soft Drinks

WATER	\$1.50
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POP CAN \$2.00

NESTEA	\$2.00
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GUARANÁ \$2.50

ICE SPARKLING \$2.00

Snacks

\$9.00

COXINHA

CHEESE BALLS

PULLED PORK

BACON & CHEESE BALLS

PAO DE QUEJO (CHEESE BREAD)

CHEDDAR, GARLIC, BACON

CHURROS (CHOCOLATE / DULCE DE LECHE)

\$4.50

Tapioca

\$8.50

1. YOUR CHOICE OF PROTEIN

HAM, SHREDDED SEASONED CHICKEN, SHREDDED SEASONED BEEF

2. OTHER FILLINGS (UP TO 3 CHOICES)

MOZZARELLA, FETA CHEESE, SUN-DRIED TOMATO,
CHERRY TOMATO, ARUGULA, SPINACH, BLACK
OLIVES, GREEN OLIVES.

\$8.50

1. CHOOSE UP TO 3 TOPPINGS

STRAWBERRY, BANANA, BLUEBERRY, KIWI,
SHREDDED COCONUT, PAÇOCA, NUTELLA,
CONDENSED MILK, PEANUT BUTTER, HONEY.